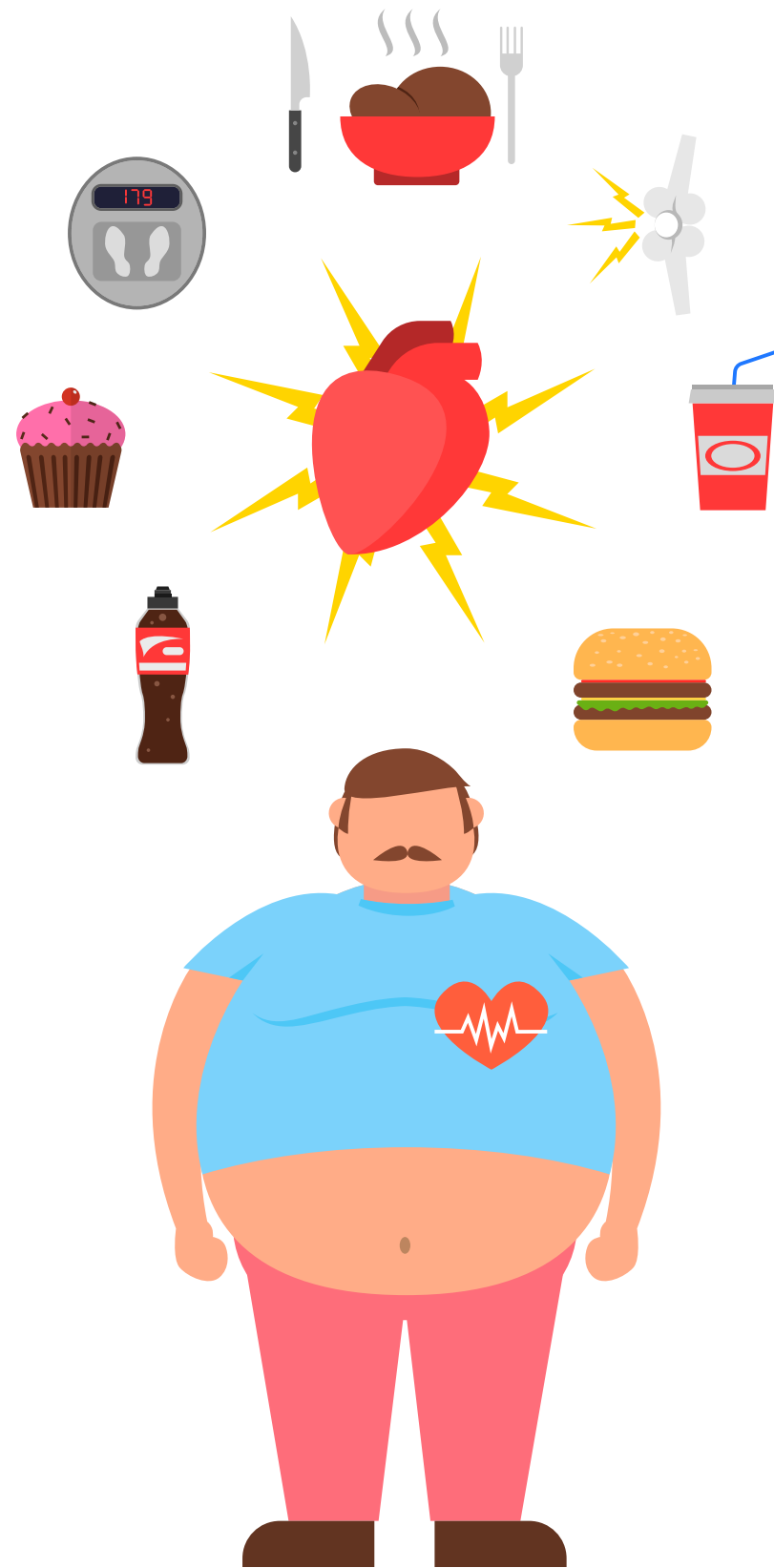




MIRIKEL™

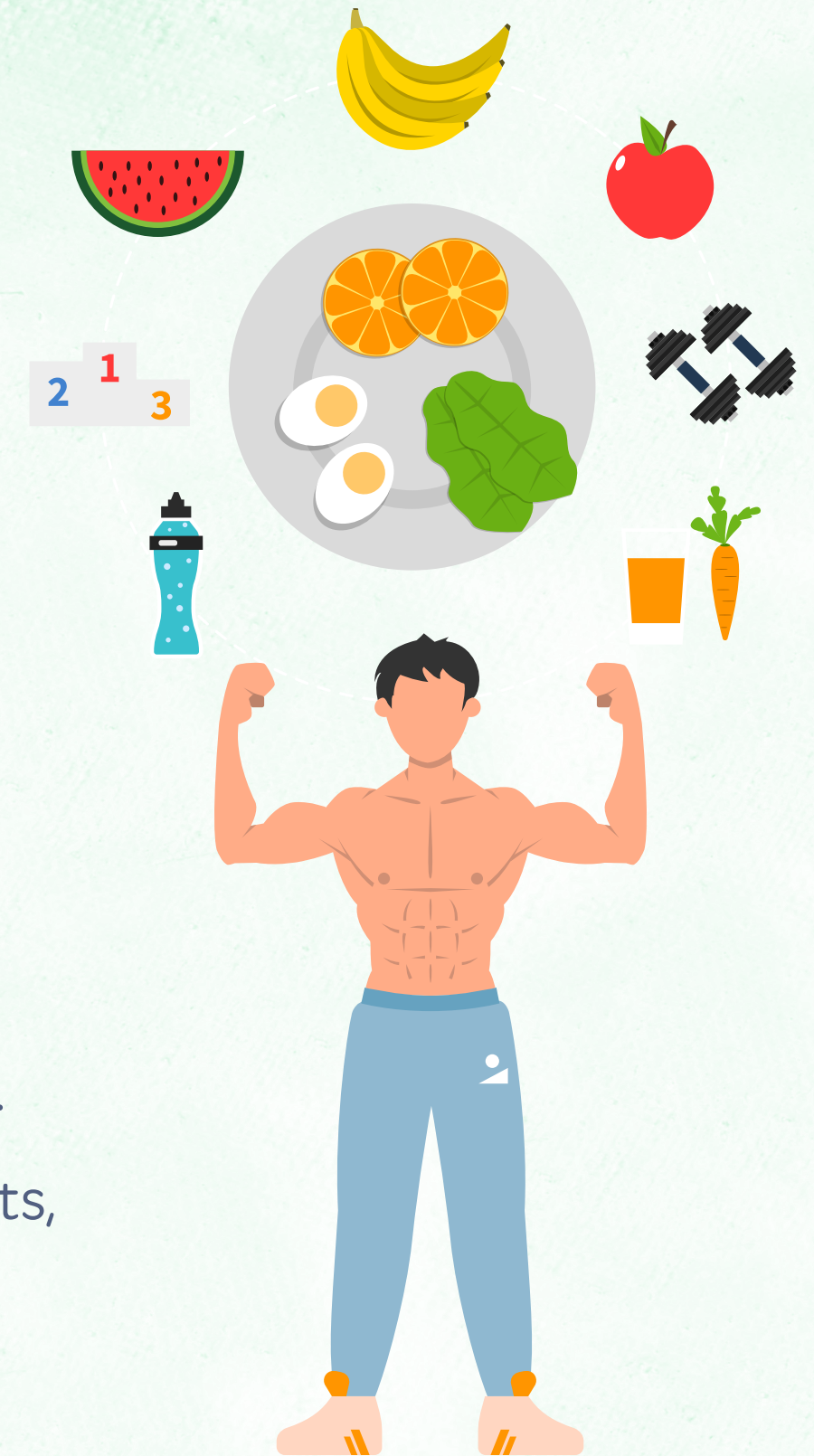
MIRIKEL™
Balance Five

Meal Replacement



YOU ARE WHAT YOU EAT

Eating isn't just about satisfying hunger or appetite.
It's about providing your body with essential nutrients,
helping you feel better and live a healthy life.



An unhealthy diet can increase the risk of developing various health issues:

**Obesity, fatigue, concentration problems,
cardiovascular diseases, diabetes, hypertension, cancer, etc.**



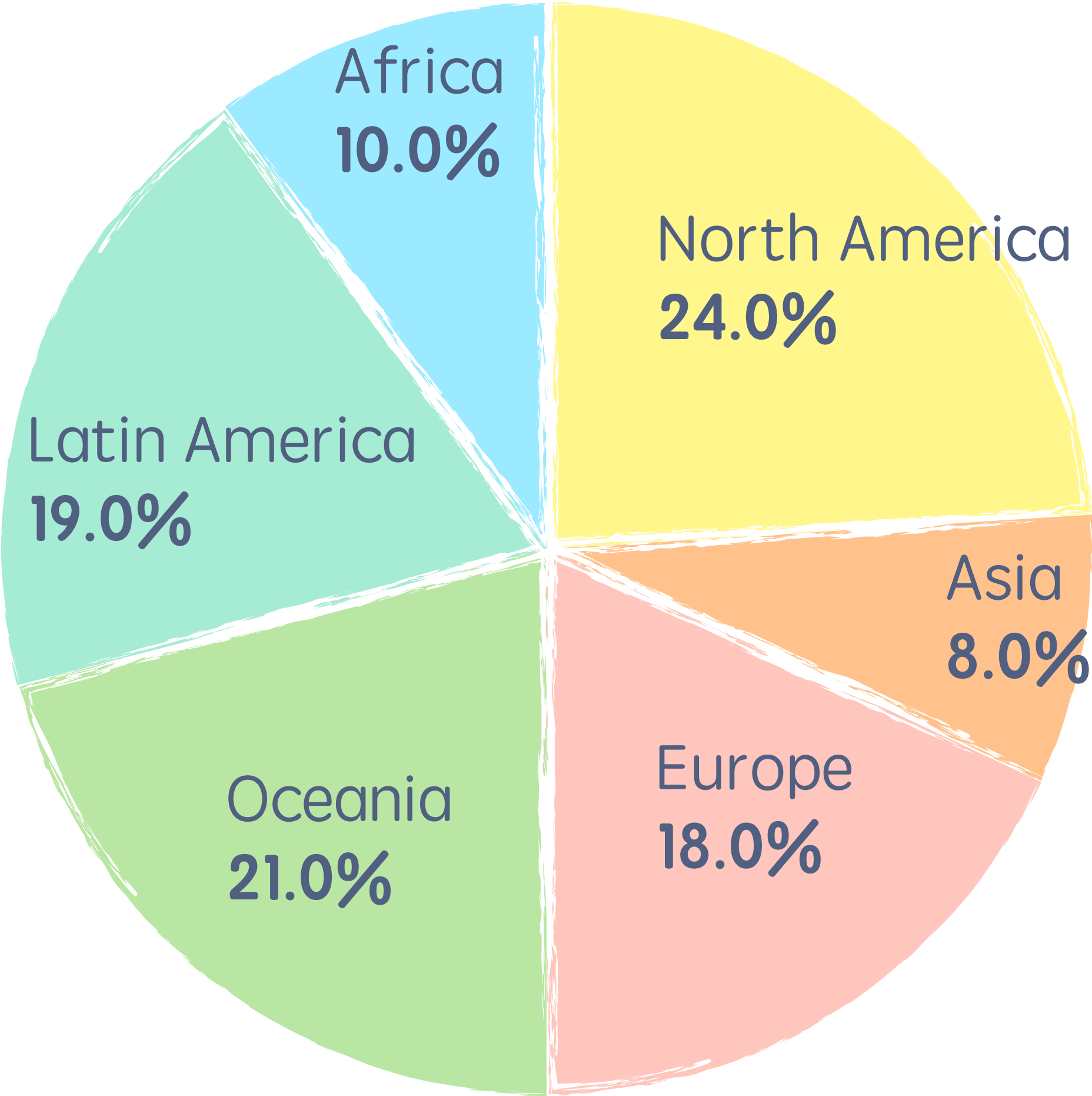
「 Overweight & Obesity

are one of the major health issues
concerning millions of people
around the world. 」



**OVERWEIGHT
POPULATION**

**TOTAL
POPULATION**

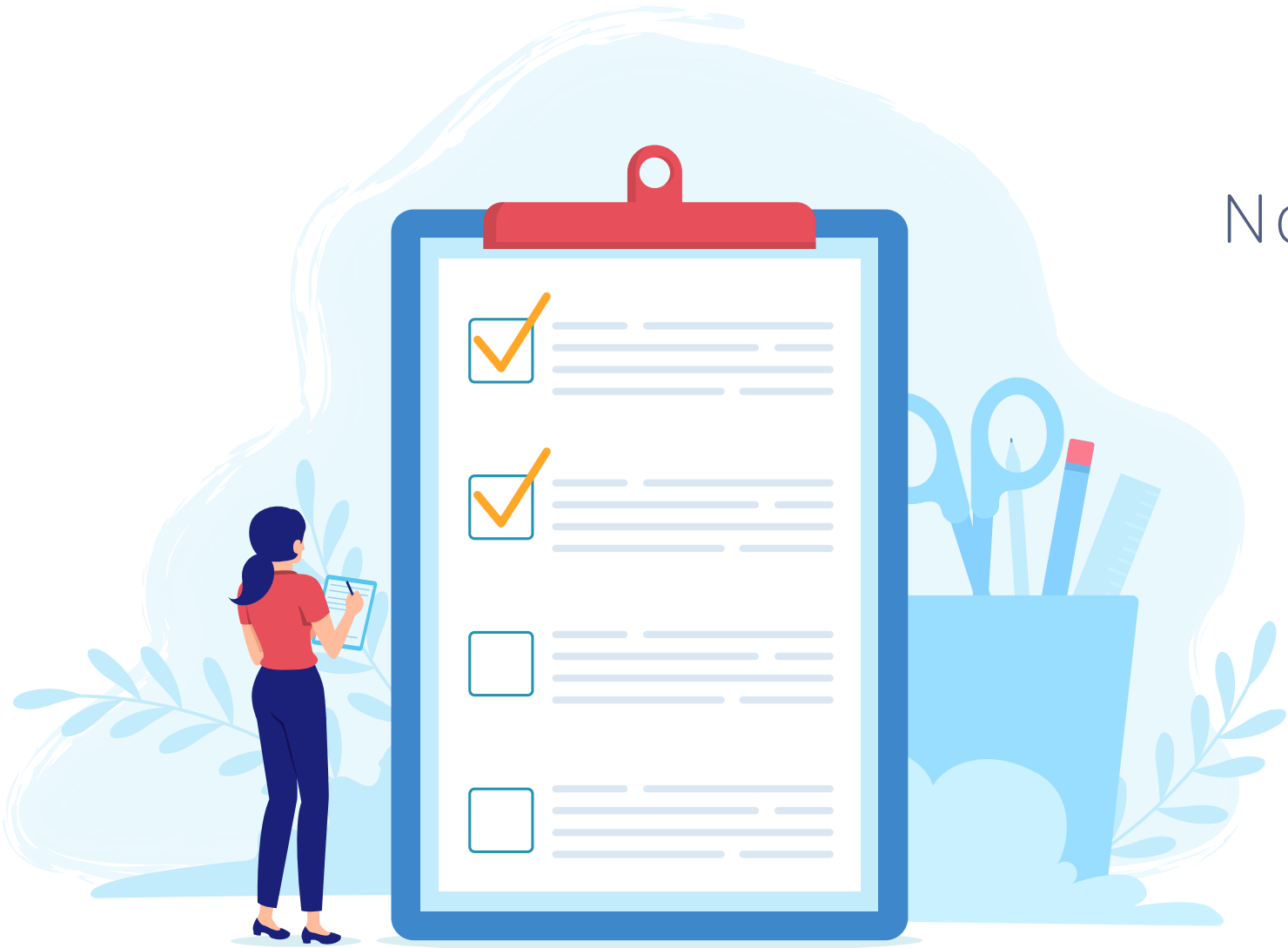


Is your weight healthy? Check it out:

$$\text{BMI (Body Max Index)} = \text{Weight} / \text{Height}^2$$

(weight: kg, height: m)

How's your result?



BMI (kg/m²)

Underweight **B M I < 1 8 . 5**

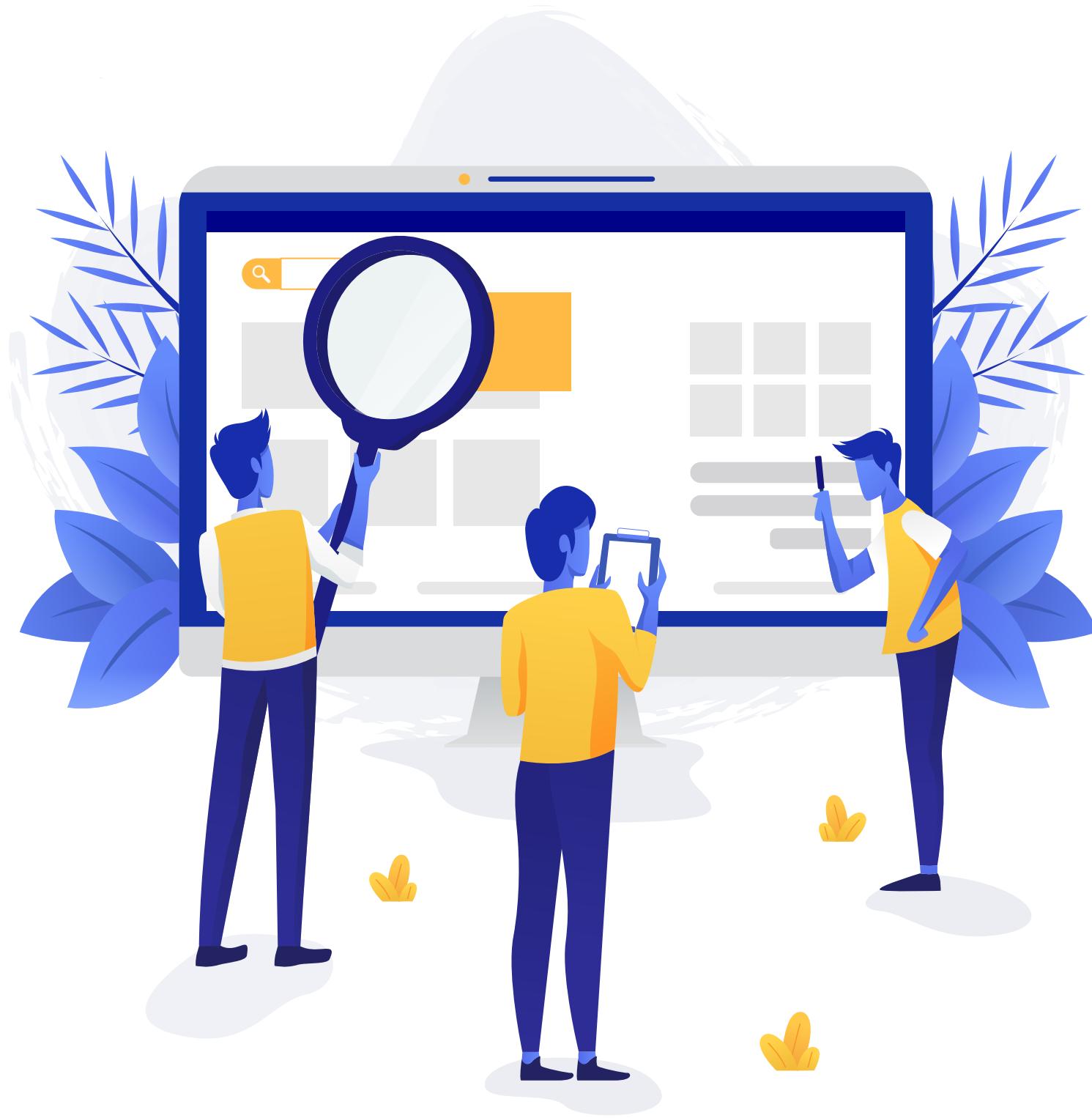
Normal (Healthy Weight) **1 8 . 5 ≤ B M I < 2 4**

Overweight **2 4 ≤ B M I < 2 7**

Moderately Obese **2 7 ≤ B M I < 3 0**

Moderately Obese **3 0 ≤ B M I < 3 5**

Very Severely Obese **B M I ≥ 3 5**



Studies show that In North America, unhealthy diets are one of the major risk factors leading to several illness and diseases including obesity and cancer.

How can we create a balance diet that benefits our health?

MIRIKEL™

MIRIKEL™ **Balance Five**

Meal Replacement

Whether it's for your life on the go, daily exercises, or those afternoon cravings, MIRIKEL Balance Five is designed to give you a yummy boost.

**BALANCE FIVE,
BALANCE LIFE**

Only
112
Calories



**VEGAN | NON-GMO | NO SUGAR ADDED
NO ADDED PRESERVATIVES OR ADDITIVES
NO ARTIFICIAL COLORING OR FLAVORING**



Vegetables

Fruits

Grains

Legumes

Nuts

The product includes five types of foods that are essential to your well-being. The formula has perfectly balanced 25 types of carefully selected grains, legumes, nuts, fruits, and vegetables to provide you with a healthy blend of protein, healthy fat, fiber, vitamins and minerals.



**Supports Weight
Management***

Balance Five keeps you full and
more energetic, helping you manage
your weight and benefiting your
fitness training.*



**Energy
Boost***

Featured Ingredients & Key Benefits – 1

Grains



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Sesame, Malts, Black Rice, Black Glutinous Rice, Brown Rice, and Oats

Balance Five includes beneficial wholesome grains that are rich in various nutrients, including high fiber content, B vitamins, and minerals. A high fiber content supports a healthy bowel function and satisfies the appetite by providing a feeling of fullness, while B vitamins help the body release energy from protein, fat, and carbohydrates. These grains also contain phytochemicals that are clinically studied to benefit a healthy and balanced diet.*

Featured Ingredients & Key Benefits – 2

Legumes



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Soya Beans, Soybeans, Mung Beans, Gingko, and Plantain Seeds

Balance Five is also powered by legumes. In addition to B vitamins, they are a good source of minerals such as iron, calcium, phosphorous, zinc and magnesium that provide various health benefits. For those who are on a vegetarian or vegan diet, legumes are an ideal substitute for meat. They are made up of protein and carbohydrates, therefore provide your body with energy.*

Featured Ingredients & Key Benefits – 3

Fruits & Vegetables



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Red Dates, Raspberries, Tomatoes, Broccoli, Radishes, Lutein, and Hawthorn

Balance Five has carefully selected some of the most nutritious fruits and vegetables to meet your health needs.

They contain a wide variety of nutrients including potassium, fiber, folate (folic acid) and vitamins A, E and C that are vital for health and maintenance of your body.*

Featured Ingredients & Key Benefits – 4

Nuts



The science-based formulation has also included nuts such as walnuts and almonds.

They are studied to boost your energy and maintain your weight.*

- Almonds are high in fiber, vitamin E, and magnesium.
- Walnuts are rich in omega-3 fats, antioxidants, and phytosterols.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Directions for Use

Mix one packet (1.06 oz/30g) of Balance Five with 200ml of warm water (below 60°C/140°F). Stir well and enjoy.

Drink one packet per day. Consume after opening.

MIRIKEL™



MIRIKEL™
Balance Five

Meal Replacement

※ All rights reserved.

※ This product is not intended to diagnose, treat, cure or prevent any disease.

THANK YOU

